



58TH ASIAN BODYBUILDING AND PHYSIQUE SPORTS CHAMPIONSHIPS 2026

4TH TO 10TH AUGUST 2026, MINES WELLNESS CITY, SELANGOR, MALAYSIA

Under the Umbrella of The Asian Bodybuilding & Physique Sports Federation

Approved and Sanctioned by World Bodybuilding & Physics Sports Federation, Olympic Council of Malaysia

: FINAL ENTRY FORM :

IN ORDER TO ASSIST IN THE PLANNING AND ORGANIZATION OF THIS CHAMPIONSHIPS, PLEASE COMPLETE THE AMENDED FINAL ENTRY FORM TO BE RETURNED BY NOT LATER THAN 1ST JUNE, 2026

FILL FORM IN CAPITAL LETTERS

Name of Federation	
Email Address	
Person to Contact	
Mobile No	

WBPF OFFICIALS, EXECUTIVE COMMITTEE MEMBERS, SUB-COMMITTEE MEMBERS, JUDGES, DELEGATES, TEAM MANAGER COACH ENTRY AND TEST JUDGE

SR NO	NAME	GENDER	DESIGNATION

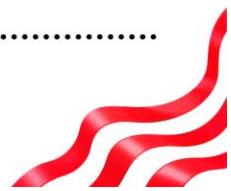
***KINDLY REFER TO THE ATTACHED LIST OF CATEGORIES FOR ATHLETE ENTRY**

ATHLETES ENTRY			
SR NO	NAME	GENDER	CATEGORY
01	SARVESH PARADKAR (EXAMPLE)	MALE	MEN'S BODYBUILDING UP TO 85KG,

MALAYSIAN BODYBUILDING FEDERATION

Suite No.8, 1st Floor, Wisma OCM, Jalan Hang Jebat, 50150 Kuala Lumpur.

E-mail: masbbf@yahoo.com Tel. No : 019-620 2549 / 019-262 243





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TOTAL NO OF MALE ATHLETES	TOTAL NO OF FEMALE ATHLETES

ARRIVAL INFORMATION		
DATE	TIME	FLIGHT NO

DEPARTURE INFORMATION		
DATE	TIME	FLIGHT NO

PLEASE RETURN THE FINAL ENTRY FORM ALONG WITH PASSPORT COPIES CONFIRMING YOUR PARTICIPATION WITH NAMES OF ALL PARTICIPANTS (DELEGATES, ATHLETES, SUPPORTERS, ETC.), NO LATER THAN 1ST JUNE, 2026.

Thank you

CHRISTINA KAM

Executive Director - WBPF

: TO BE EMAILED TO :

masbbf@yahoo.com

abbf.secretary@yahoo.com

abbf.adm@hotmail.com

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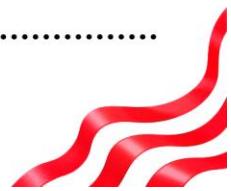
LIST OF DISCIPLINES & CATEGORIES

01	Men's Junior Bodybuilding up to 75 kg
02	Men's Junior Bodybuilding over 75 kg
03	Men's Bodybuilding up to 55 kg
04	Men's Bodybuilding up to 60 kg
05	Men's Bodybuilding up to 65 kg
06	Men's Bodybuilding up to 70 kg
07	Men's Bodybuilding up to 75 kg
08	Men's Bodybuilding up to 80 kg
09	Men's Bodybuilding up to 85 kg
10	Men's Bodybuilding up to 90 kg
11	Men's Bodybuilding up to 100 kg
12	Men's Bodybuilding over 100 kg
13	Men's Master Bodybuilding 40 - 49 yrs up to 80 kg
14	Men's Master Bodybuilding 40 - 49 yrs over 80 kg
15	Men's Master Bodybuilding 50 - 60 yrs up to 80 kg
16	Men's Master Bodybuilding 50 - 60 yrs over 80 kg
17	Men's Master Bodybuilding over 60 yrs
18	Men's Fitness Physique up to 170 cm
19	Men's Fitness Physique over 170 cm
20	Men's Athletic Physique up to 160 cm + 2Kg
21	Men's Athletic Physique up to 167 cm + 4KG
22	Men's Athletic Physique up to 175 cm + 6Kg
23	Men's Athletic Physique up to 182 cm + 8Kg
24	Men's Athletic Physique over 182 cm +10Kg
25	Men's Sports Physique up to 170 cm - 2Kg
26	Men's Sports Physique up to 175 cm - 0Kg

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27 Men's Sports Physique up to 180 cm +2Kg

28 Men's Sports Physique over 180 cm +4Kg

29 Women's Bodybuilding up to 55 kg

30 Women's Bodybuilding over 55 kg

31 Women's Junior Fitness Physique 21 yrs and below

32 Women's Fitness Physique up to 165 cm

33 Women's Fitness Physique over 165 cm

34 Women's Athletic Physique up to 165 cm

35 Women's Athletic Physique over 165 cm

36 Women's Ladies Athletic Physique over 35 yrs old - Open category

37 Women's Sports Physique up to 165 cm

38 Women's Sports Physique over 165 cm

39 Women's Ladies Sports Physique over 35 yrs old - Open category

40 Women's Swimsuit Physique up to 165 cm

41 Women's Swimsuit Physique over 165 cm

42 Women's Junior Model Physique 21 yrs and below

43 Women's Model Physique up to 155 cm

44 Women's Model Physique up to 160 cm

45 Women's Model Physique up to 165 cm

46 Women's Model Physique up to 170 cm

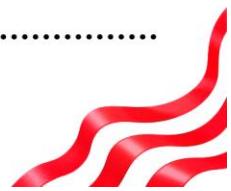
47 Women's Model Physique over 170 cm

48 Women's Ladies Model Physique over 35 yrs old - Open category

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49 | Women's Wellness Physique - Open Category

50 | Mixed Pairs

51 | Overall Champion - Mr. Asia 2026

TOTAL 51 CATEGORIES

Men's Team Champion – 1st, 2nd & 3rd Placing

Women's Team Champion – 1st, 2nd & 3rd Placing

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